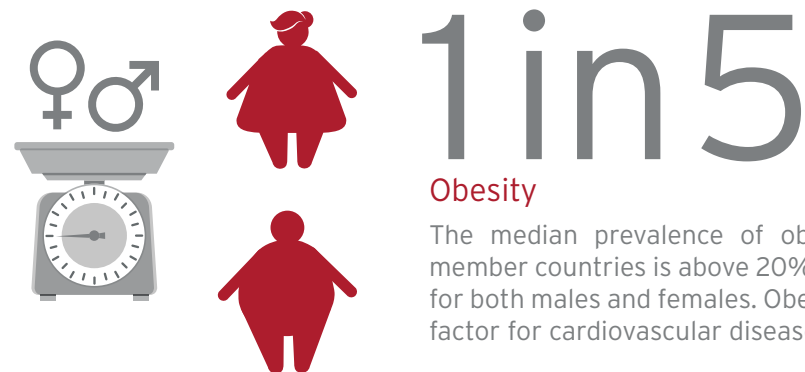
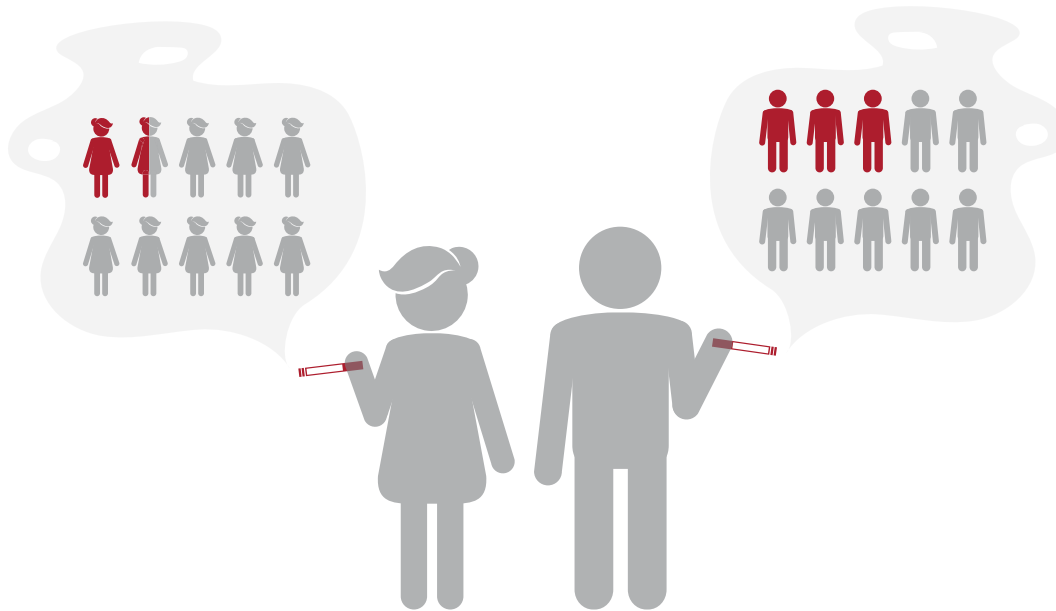


Cardiovascular Disease Statistics

Risk Factors

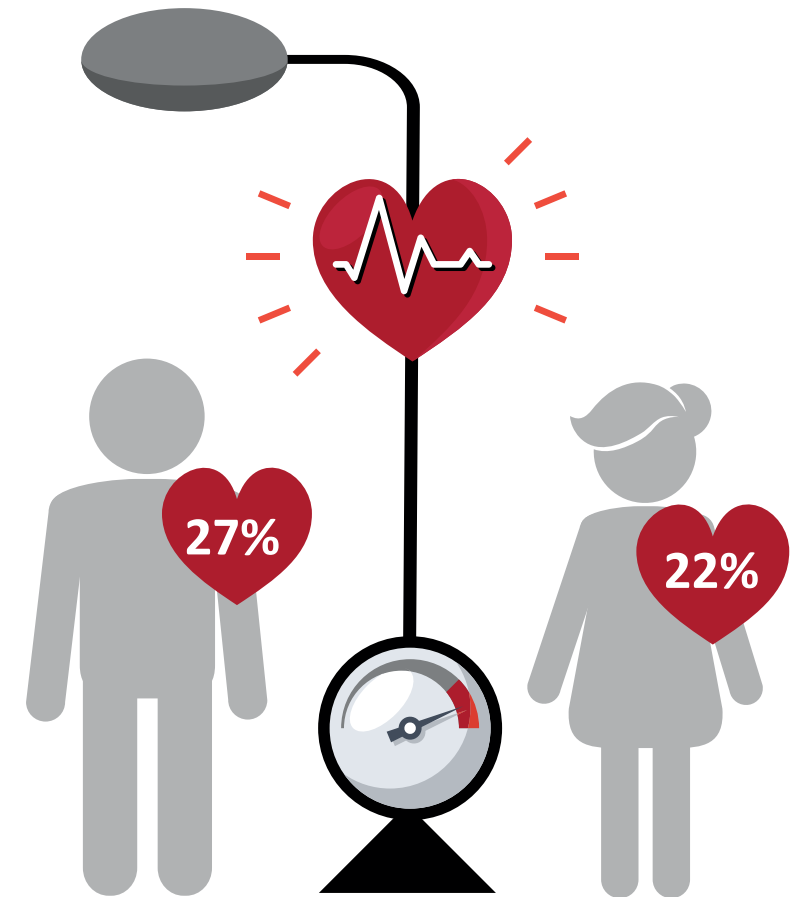
Smoking Prevalence

Across ESC member countries, a median of 22.1% of the adult population (age ≥15 years) were regular daily smokers, ranging from <10% in Iceland and Norway to >35% in Bosnia and Herzegovina, Bulgaria, and Montenegro, North Macedonia. Smoking is a major risk factor for cardiovascular disease.



Obesity

The median prevalence of obesity across ESC member countries is above 20% (more than 1 in 5) for both males and females. Obesity is a major risk factor for cardiovascular disease.



Raised Blood Pressure

High blood pressure is a major risk factor for cardiovascular disease. The average proportion of men and women with raised blood pressure across members countries is 27% and 22%, respectively.

For more data on cardiovascular disease
consult ESC Atlas

www.escardio.org/atlas